

Forgotten Sunnahs series

Putting your right shoe on first

// *The Prophet (pbuh) said:*

If one of you puts on shoes, let him begin with the right. And when he takes it off, let him begin with the left. And let him put them both on or let him take them off both.

[Bukhari]

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This act is repeated at day and night so many times; when you wear and take off your shoes to go out and come back from the masjid, work, home, bathroom...etc, therefore, when you wear or take off the shoes according to the sunnah with the intention of following the example of the prophet – peace be upon him – you will gain a lot of good deeds.